

For Colds and Grip.

RUN FOR TARRH OF THE BOAT. LUNGS, STOMACH, KIDNEYS, BLADDER AND FEMALE ORGANS.

Peruna is sold by your local druggist. Buy a bottle today.

Do You Love Your Child?

Then protect it from the dangers of croup to which every child is subject. Keep

DR. D. JAYNE'S EXPECTORANT

In your home all the time, then you're ready for the sudden attacks of croup and colds. Neglect may cost you the life of your child. It's safest to be on your guard.

Dr. D. Jayne's Expectorant is the best remedy known for croup; it gives quickest relief.

Sold everywhere in three size bottles \$1.00, 50c, 25c

Pert Paragraphs.

Friendship is the wine of life. Eaten bread is soon forgotten. Fraud lurks in loose generalities. A little bird wants but a little nest. My poverty, not my will, consents. Envy shoots at others and wounds herself.—French.

A man without religion is like a horse without a bridle.

Falseness borders so close upon truth that a wise man should not trust himself too near the precipice. His worst enemies do not deny that he has the qualities to make a cracking ex-President.—Richmond Times-Dispatch.

The difference between a man and a woman is she can be right without a reason and he can be wrong with one.—New York Press.

THE BEST REMEDY

For Women—Lydia E. Pinkham's Vegetable Compound

Noah, Ky.—"I was passing through the Change of Life and suffered from headaches, nervous prostration, and hemorrhages.

"Lydia E. Pinkham's Vegetable Compound made me well and strong, so that I can do all my household work, and attend to the store and post-office, and feel much younger than I really am.

"Lydia E. Pinkham's Vegetable Compound is the most successful remedy for all kinds of female troubles, and I feel that I can never praise it enough."—MRS. LIZZIE HOLLAND, Noah, Ky.

The Change of Life is the most critical period of a woman's existence, and neglect of health at this time invites disease and pain.

Women everywhere should remember that there is no other remedy known to medicine that will so successfully carry women through this trying period as Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs.

For 30 years it has been curing women from the worst forms of female ailments—inflammation, ulceration, displacements, fibroid tumors, irregularities, periodic pains, backache, and nervous prostration.

If you would like special advice about your case write a confidential letter to Mrs. Pinkham, at Lynn, Mass. Her advice is free, and always helpful.

C. C. & O. to Be a Through Route.

An interesting story concerning the road, recently built from Spruce Pine, Mitchell county, to Bostic, Cleveland county, N. C., has reached Washington by way of West Virginia. It is now said that the owners of this road will control a through line from Toledo, O., on Lake Erie, to Charleston, S. C., and will haul coal from the coal fields of Virginia, West Virginia, and Kentucky for the country along the South Atlantic coast, the Gulf of Mexico and Panama, and will bring back iron ore from Cuba. It will be recalled by newspaper readers in Virginia, North Carolina and elsewhere that millions of dollars were spent in building the South and Western Railroad from Spruce Pine to Marion, across the Blue Ridge mountains, at McKinney's Gap, grading one of the best roadbeds and putting down one of the most serviceable tracks in the country, and that, just before its completion it was renamed the Carolina, Clinchfield & Ohio. Within the last few weeks the road has been extended to Bostic. At Marion the Carolina, Clinchfield & Ohio connects with the Knoxville-Salisbury line of the Southern Railway, and at Bostic with the Carolina Central division of the Seaboard Air Line, which runs from Rutherfordton to Wilmington. From Bostic the line will be continued to Spartanburg, S. C., where first-class connections for Charleston will be made.—H. E. C. Bryant in Charlotte Observer.

Witty Sayings.

A noble life before a long.

There is no wisdom like frankness. A bird in a cage is not half a bird. Entreaty and right do the deed. He who knows little soon tells it. Every miller draws the water to his own mill.

Everyone knows best when his own shoe pinches.—German.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O.

We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out all obligations made by his firm.

WALDING, KINMAN & MARVIN, Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price, 75c. per bottle. Sold by all Druggists. Take Hall's Family Pills for constipation.

It does seem a little queer to be paying millions for reforestation and then by the tariff paying more millions for deforestation, doesn't it?—Milwaukee Sentinel.

FOR COLDS AND GRIP.

Hick's CAPSULES is the best remedy—relieves the aching and feverishness—cures the cold and restores normal conditions. It's liquid—effects immediately. 16c, 25c and 50c. at drug stores.

Those who sow injustice reap hate and vengeance.—French.

CLASSIFIED ADVERTISEMENTS

SALESMEN WANTED

WANTED—Active, energetic men to represent us. Profitable positions. Hustlers make big money. Cash weekly advances. Complete outfit. Write immediately for our liberal offer. W. T. HOOD & CO., OLD DOMINION NURSERY, RICHMOND, VA. Mention this paper.

THREE BROTHERS, starting for a trip around the world, will dispose of their two Five Passenger Automobiles, one Seven Passenger Car, and one 20 H. P. Model 1908 Runabout, at a Big Bargain. Three little used, one new, all first-class condition. Address WALKER, 1605 Candler Building, Atlanta, Ga.

A man is an indulgent censor to himself.

CUTICURA CURED HIS ECZEMA.

Humor Came on Legs and Ankles—Could Not Wear Shoes Because of Bad Scaling and Itching.

"I have been successfully cured of dry eczema. I was inspecting the removal of noxious weeds from the edge of a river and was constantly in the dust from the weeds. At night I cleansed my limbs but felt a prickly sensation. I paid no attention to it for two years but I noticed a scum on my legs like fish scales. I did not attend to it until it came to be too itchy and sore and began getting two running sores. My ankles were all sore and scabby and I could not wear shoes. I had to use carpet and felt slippers for weeks. I got a cake of the Cuticura Soap and some Cuticura Ointment. In less than ten days I could put on my boots and in less than three weeks I was free from the confounded itching. Capt. G. P. Bliss, Chief of Police, Morris, Manitoba, Mar. 20, '07, and Sept. 24, '08. Potter Drug & Chem. Corp., Sole Props. of Cuticura Remedies, Boston, Mass.

He who swears distrusts his own words.—Latin. So. 12, '09.

A pessimist needs Garfield Tea, the Herb laxative which regulates the liver, corrects constipation and brings good health and good spirits.

Folly is never long pleased with itself.

Pneumonia and Consumption are always preceded by an ordinary cold. Hamlin's Wizard Oil rubbed into the chest draws out the inflammation, breaks up the cold and prevents all serious trouble.

Nature never did betray the heart that loved her.—French.

Only One "Bromo Quinine"

That is Laxative Bromo Quinine. Look for the signature of E. W. Grove. Use the Word over to Cure a Cold in One Day. 25c.

"I hope with nerve to be able to stand just criticism and to improve by it and not to be a durn' for unimpaired."—The Fee Dee Mutual Life Insurance Association of America.

is the only Mutual Life Insurance Company doing business in the counties, Marion and Mitchell's Eye Insurance at COST. Convincing our business. Sold all over

The Pulpit

A SERMON BY THE REV. J. W. HENDERSON

Subject: The Elements of Success.

Text, II Tim. 4:7: "I have fought the good fight; I have finished my course; I have kept the faith."

Paul draws us a picture here of a man who has been fighting with the cestus and who, full of honors and glory, with the laurels of victory on his brow, lays down his instruments of hostility. He pictures a runner who has gone the course, who has run the race and has won, and who has received the palm of victory. He depicts a man who in the affairs of the spiritual life has been true to his Maker and his God and is upon the threshold of entering into the victory of the life eternal.

This assertion of Paul that he has fought a good fight, has finished the course, has kept the faith, is the assurance of a man who was successful in all that to which he laid his hands. Paul was a man who had attained, who had reached his reward, who had gained success. He had put into effect certain plans that he had for the ordering of his own life and the betterment of the men and women with whom he had come in contact. He had executed arrangements for the preaching of the blessed news of Jesus Christ, and he had his eyes fixed not so much on what he had accomplished as upon the victory crown which was awaiting him when he should go into the presence of the Lord his God.

St. Paul was a man who accomplished. He not only put tasks in motion; he fulfilled them. He was a man who achieved much. In a world where so many of us do things in a small way, he did things mightily and inspiringly. He was a man whose achievements were like unto the mighty victories won by Christ.

This success of Paul is the ideal of every man and every woman. This victory and success which crowned his efforts is the desire of every human heart that is normal. There is not one of us but has dreamed of mighty things, but has longed for ability and power to accomplish great things for God and man; none of us but who, in our youth, and perhaps in later days, has reached unto greater things than any we have yet accomplished, for this power of Paul to execute and effect.

This ability to affect the whole history of the lives of the men with whom he comes in contact is the desire and the ideal of every human soul. But our great question is, how shall we achieve? how shall we accomplish that to which we lay our hands? how shall we execute the task which under God is given us to do? How shall we attain, how shall we achieve, each in our peculiar sphere, according to our peculiar ability, that we may do something either small or great for the weal of men and for the glorious peopling of the kingdom of Jesus Christ?

It seems to me that there are four elements that enter into success, four things that are necessary that we shall be able to do a work for God that shall count, a work that shall amount to something for the weal of men, for the betterment of lives about us, for the satisfaction of our own ideals.

A man cannot do very much unless first of all he has some self-appreciation. That is not to say he should have egotism; that is not to say that he disdains others, not that he weighs himself in the scales to the disparagement of other men; but it is to say that he has placed himself objectively ever against his own personality and has sized himself up so that he has a first-class and first hand idea of his own ability. It is a good thing to have an appreciation of our own abilities, a better to have a comprehension of our own limitations; but, while it is a good thing to know our own limitations, I am a profound believer that we know too many times the extent of our limitations and not of our abilities. We seem to think that what other men have done we cannot do; that what men of equal brains and ability have done we cannot do; we are afraid to lay our hands to the work of God because we fear perchance we cannot do that to which we have laid our hand. To many a man the appreciation of his own divine power is in the terms of limitation rather than in the terms of real ability. How many men we meet will tell us what they cannot do, who would do thus or so if they were able; who are so taken up with the consideration of those things which God hath not given them the ability to do that they forget the potentialities divine and eternal which God hath placed within their own grasps and personalities.

St. Paul was a man who had measured his abilities and knew what he could do, who had no mean appreciation of what he could do. When he met Jesus face to face there was no hesitation as to whether he was a man who was divinely called, as to whether he was the man who was called to do the work. The knowledge that God had called him was sufficient knowledge that he had the ability, that he was of some worth for the bringing of the good news of the Gospel to those who were in sin. Paul was a man who had some appreciation of himself, he knew what he should do and the way he should do it.

We do not have direction. We beat against the wind, we waste our time with futile beatings against the air, we spread ourselves out too thin. How many men there are who have not achieved because they have tried too many things, who have not had enough self-appreciation to know wherein their abilities lie strongest. As Paul was a man who gave the right emphasis to his life; so, contrariwise, there are men in the world who with mediocre abilities have not had the sense to see the leadings of their own powers, the guidance of Providence in their own lives, who have laid the emphasis in the wrong place and given their whole time and endeavor to the working of things for

which they were never fitted. We see that all over the world; men in the pulpit who ought to be at the plow, men plowing the fields who ought to be proclaiming the Gospel of Christ, men who are out of place in the great mechanism of God's eternal plan, men who have never become fitted for and have never gotten into their proper places, who have never reached the point at which their energies should be applied and have never seen the guidance of God in their lives. I believe the secret of the success of every man who has influenced the world is to be found in the emphasis which he laid upon that which he was able to do. Called for serious things, he did not attempt to be the buffoon. Summoned to bring men to the knowledge of the glorious Gospel of Christ, he did not attempt to be a jester for a friend. Bidden to enliven life for those around him by the appreciation of the things which are humorous, he would stick to that one thing, and that alone and in that would achieve success. You and I might never have heard of Martin Luther unless he had placed the emphasis aright. We might never have heard of Jesus Christ, if He had taken the taunts of the officers and those in high places and had given all that was best in Him over to their whim and will, if He had subverted His holy power because they laughed Him to scorn, because they informed Him that He was scandalously wrong when He claimed to be the Son of God. We might never have heard of Him unless He had placed the emphasis of His whole life correctly.

It is a rule in the law of mechanics that a man to achieve success must direct his power to the right place. There is only one place where he can achieve most by the application of power, and that is where the power needs most to be applied. And so, if we are to run our course and inherit a crown, we must first of all find out what our abilities are and then lay our efforts where God leads us.

While there are many men who have appreciation of their own ability and have measurable success in laying their abilities in the line of least resistance, there have been men who have not accomplished anything because they had no tenacity, who were so anxious for attainment all at once that they would constantly shift themselves and lose their direction. The desire to accomplish many things they have never accomplished anything at all.

A man may appreciate his own powers and size himself up well; he may direct his powers in the right way and be tenacious, but unless he has a clean heart and a conscience undefiled before God and man he cannot accomplish much in this world. One of the worst things with which we have to deal is an accusing conscience, a soul which is constantly calling unto us that we are hampering it. We cannot accomplish much if we are hampering our souls against the achievement which might be ours. A clean heart fits a man for life's labors; it is a mighty power. No man can do the work which God hath given unto him to do save as his own life is pure in God's sight, in the sight of his neighbor and in his own eyes. Many a man who might have done something has done nothing because, first of all, he has nothing and strangled his soul, because he has forgotten that the secret of all success unto good work is a happy heart. A happy heart cannot come save as a man is right before God.

These are the elements which underlie the life of Jesus Christ and of Paul. As they underlie these two lives, they spell success for you and me. How many there are who never achieve in the spiritual life because they have no understanding of their own divinity. How many do not achieve because they have never considered the soul from an understanding point of view. How many men we meet who are built physically by the plans of God, but whose souls are small and shriveled and mean because they have never given the same attention to the erection and the understanding of the soul life which they have given to the building up of their physical beings. How many there are who have understood the power of the mind, but whose souls are misshapen and warped because they have never grasped the divine powers of their souls.

We need to consider soul forces as much as physical. We need to understand the soul and the laws of its actions even as we understand the human animal. No man can achieve in the physical world save as he has studied his soul objectively to see in what manner he was made. A man cannot understand what his soul is until first of all he gets near to Jesus Christ. He must have gotten a full knowledge of the nature and dignity of the human soul. It behooves us to get hold of some real appreciation of our innate divinity, of the elements of personal purity and righteousness which are ours before God, and then to address our lives to attainment in spiritual things, unto the building up of our souls in righteousness and purity and perfectness. And above all, to keep at it. The trouble with the church and the individual Christian is too much that we work by fits and starts. We are careful that we get three meals a day and eight hours of sleep, to get money to supply the body's needs. We manage to keep out of jail, to have a house over our heads to protect us against the weather. We labor assiduously and continuously toward these things. But we nurture the soul by fits and starts; we give God the Sabbath or one night a week or two minutes and a half when we retire to rest. We are not continuous but spasmodic servants.

If men by marvelous tenacity have achieved miraculous success in the physical life, so you and I may achieve majestic spiritual success if we will lay our emphasis upon spiritual things; and, getting a good grasp upon the things which are eternal and upon God Himself, stand fast, fight the good fight, finish the course, keep the faith.

Deep streams do not overflow because they are full. Not because they are full, but because they overflow those which they make its noly that saves us from troubles of life.

The Affairs of the Household

TO REMOVE SCORCH.

Dissolve as much borax in a basin of water as it will take and set it on the stove to keep hot. Soak the scorched garment in the borax and lay it in the hot sun; as soon as it dries repeat the process and continue to do so until the scorch has been removed.—New Haven Register.

VASES AND FLOWERS.

To have pairs of vases with flowers arranged as nearly alike as possible is the latest fad in smart households. These appear in all possible places, and each room is kept to a color scheme. A charming combination when white and green are desired is that of climbing white jasmine and the fragile Japanese narcissus and lilies of the valley. The jasmine vine is the most exquisite foliage that shows many tender shades, and the star flower is deliciously fragrant, but not overpowering.—New York Tribune.

AMERICAN BEAUTY SACHET.

Each year sees a new fashion in perfume. This year will give to the American Beauty the apple of success.

This is the new perfume, and the ultra-fashionable thing of the day is to have it in sachet or a drop of it for your clothes or a cake of soap to use on special occasions.

The Americans have taken it up not only with patriotism, but enthusiasm. Heretofore they have always used the French perfumes under French names.

The sachets of this sell from seventy-five cents up and are confined in an envelope of American Beauty satin. The odor is subtle and lasting.

Only a small bottle of the essence is needed, as a drop is enough for a gown. The smart women put a drop or two on a piece of gauze or cotton, and tuck it away in the evening gown.

On drop of it put on a blouse perfumes it as though it had been put away in a pot-pourri of American Beauty rose leaves.—New York Times.

BEAUTIFUL OLD TIMERS.

A well known woman of society has recently finished her country house, and, to the envy of her neighbors, has beautiful Colonial mantels of white marble in all her bedrooms, and equally beautiful old timers, more elaborate, in Italian marble on her lower floor. Each allows for a huge open fire. These she got by spying from her automobile a sign of "Second hand lumber for sale" on the grounds where an old hotel was being razed. She recalled that in her childhood she had once visited some children who were staying at the then fashionable though old-fashioned hotel. The memory also came of a high carved mantel in the so-called nursery, from which goodies were reached for the impromptu juvenile tea party, and, turning back, she discreetly alighted from her automobile some distance away and proceeded to find the contractor. As a result of her interview she proudly says \$1.50 or \$2.25 as she waves her hand toward these perfect marbles.—New York Tribune.

Converted.

Back Talk believes an overwhelming majority of the people of Texas have been converted to the good roads gospel and stand ready to support any movement to improve the State's highways. The time has now come for action, and the lead must be taken by the commissioners' court of the various counties. In the absence of a State highway commission to furnish expert advice and supervision, the duty devolves upon the county judges and commissioners to study the needs and resources of their counties, and after consultation with competent engineering authority, map out a systematic road improvement plan and submit it to the people. When this has been properly done, in nine cases out of ten the people will vote the bonds or taxes necessary to carry the plan into execution. The people have been convinced and it is now up to the county officers.—Fort Worth Telegram.

THE EPICUREAN'S CORNER

The Place to Experiment.

Crude molasses as a top dressing for roads, to prevent wear and tear from automobile tires, is the newest "scientific solution" of one phase of the good roads problem. But—

Remembering the evil-scented sequel of the "scientific solution" of the dust problem, which sprinkled petroleum to cover the surface of Back Bay streets, it is urgently suggested that all future molasses and petroleum experiments be made on highways remote from habitations until the drawbacks as well as the merits of the schemes shall have been discovered.—Boston Post.

To Bake One Crust Pie—When baking crust for lemon, custard, or other one crust pie, turn pie tin upside down, mold crust neatly upon the outside and bake.

Smoked Sturgeon Salad—Remove the brown skin and all the fat from one-half pound of smoked sturgeon, cut into one-quarter inch cubes; chop one small pepper fine; also one onion (there should be one tablespoon of each). Toss together with a fork.

Griddled Potatoes—Boil white potatoes with their jackets on and let them cool before peeling. Peel them, and cut into rather thick slices lengthwise of the potatoes. Stir into some olive oil a few drops of onion juice, some salt and some pepper. Dip each slice of potato into the oil, arrange on a buttered gridiron and broil over a clear fire.

Fruit Charlotte—One-half pint cream, one-fourth cup milk, beat until stiff, dissolve one-fourth box gelatin in one-half cup of milk, add to cream when dissolved and tepid, then add one teaspoonful vanilla, three-fourth cup powdered sugar, mix one-half cup raisins, one-half cup currants, one-half cup citron; butter a mold, put layer of fruit, then layer of cream, then layer of fruit, and repeat until mold is full. Put in ice chest for a few hours.

Cherry Shortcake—Make a sponge cake of three eggs, one cup of sugar, one cup of flour, two tablespoonsful of hot water, one and one-half tablespoonsful of baking powder; bake in two layer tins in a moderately hot oven; while hot cover with a thin layer of soft butter, then with chopped cherries that have been put in one layer between and one whole pitted fruit sprinkled before serving cover with a heaped high.

The Split-Log.

It seems the "split-log" has the right of way in road building. Of this there is little question if we are to judge of its merits from the eulogies it receives. We have always contended that talk is talk, and you cannot make anything else out of it and we further advocate that to have any roads we must have some common sense legislation. When this is done the road problem will be solved in the interest of the people who travel them.—Sulphur Springs Sette.

A Fatal Breath.

Bookton (with statistical bent)—"Do you know, old man, I've just been reading up a lot of statistics on present-day mortality, and I have learned some remarkable things? Why, every time I breathe a man dies!"

Brookton (comprehendingly)—"By the great autotomes! Then why in the name of the census don't you chew cloves?"—New York Times.

In Venezuela there is a great demand for perfumery, even among the men, while face powder is a necessity for the women on account of the climate.

Good Roads

Macadam and Automobiles.

The question of improved roads versus the rubber tires of automobiles is forcing itself on the attention of road engineers and contractors everywhere. France reports a marked increase in the deterioration of its improved highways since automobiles came into use. In England the cost per mile of maintaining macadamized roads has increased thirty-one per cent. in the last ten years, while the cost for city roads has increased nine per cent. In this country the same fact is reported wherever attention is paid to it. New Jersey, which led the other states in macadamized country roads, is now surpassing them all in its attempts to regulate their use by automobile drivers, to prevent the least possible damage.

No man who seeks demonstration need be outside of Pittsburgh to find it. It is not so far from the new vehicle, and it is not so far from the new highway, that the road is being built to accommodate the progress of the automobile.

The suction of rapidly revolving rubber tires is one cause, especially active when the roads are dry. The tractive force of the driving wheels is another, especially when the surface is soft. The chained tires are a noted disintegrant during and after thaws.

Automobilists are more deeply interested in the preservation of good roads than any other class. If some means are not found of decreasing the wear and tear the good roads they enjoy will be short-lived. There is, of course, universal endorsement of the hope that such methods will be perfected. Next spring or summer we can have practical knowledge of the value of oiling or tarring the country or city roads that were so treated last fall. Engineers of Europe and America are working at that subject. Concurrently it seems pertinent to ask whether it might be worth while for automobile constructors to investigate the possibility of some material for the treads of automobile tires less disintegrating in its action on the surface of the roads.

Further, it can hardly be denied that the automobile going at thirty or forty miles an hour wears out the roads much more rapidly than the one traveling at the rate of fifteen or twenty. Might it not be worth while for that interest when the spring opens to respect their own safety, the safety of the public and the preservation of the highways by adopting moderate speeds, at least until it is learned how to make roads that can survive the stress of the bubble wagons?—Pittsburg Dispatch.

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